

MAINE YOUTH CHEERING DEDUCTION SHEET

Team: _____

Date: _____

_____ Rising	_____ Shooting	_____ Shining	_____ Super	Division 1
_____ Mixed K-5	_____ Mixed 3-8	_____ Middle /JHS		
_____ Tiny	_____ Mini	_____ Youth	_____ Junior	Division 2

Routine Time: _____

Time Penalty: _____

(1 point for every second over 3 minutes, up to 5 total pts)

.50 Point Deduction(s)

_____ Minor tumbling errors
_____ Athlete steps off the mat (both feet)

1 Point Deduction(s)

_____ Inappropriate hair devices / hair not in pony tail
_____ Jewelry or Adornments
_____ Rhinestones that don't comply with NFHS guidelines
_____ Glitter on uniforms, on body, or on hair ribbons
_____ Inattentive Spotter
_____ Other: _____

3 Point Deduction(s)

_____ Any situation that could endanger the athlete performing
_____ Illegal Stunt - Rule: _____
_____ Unassisted landing from shoulder height or above
_____ Performing a skill outside of the allowed range
_____ Other: _____

10 Point Deduction(s)

_____ Unsporting behavior by athlete or coach during the event or performance

Total Deduction(s) =